

All of these plants are easy to buy, grow and use for pre-schools and schools.

Leaves

Coastal saltbush *Atriplex cinerea*

- Evergreen shrub to approx. 1.5 m high.
- Hardy and drought tolerant plant which does not like over-watering.
- Fresh leaves can be added to salads or crisped on top of pizzas.
- Indigenous to Victoria.



River mint, native mint *Mentha australis*

- Deciduous plant to 30 cm high.
- Drought tolerant once established.
- Prune by half in winter.
- Fresh leaves are delicious in tea, salads and fruit salads.
- Sensory garden plant. Fresh leaves can be crushed and smelled to enjoy the fragrance.
- Indigenous to Victoria.



Edible flowers

Native violet *Viola hederacea*

- Spreading groundcover, growing to around 10 cm high.
- Reasonably hardy although prefers some moisture.
- Flowers best in a sunny position.
- Edible flowers can be snacked on in the garden, added to salads and fruit salads or used to decorate cakes or desserts.
- Indigenous to Victoria



Native bluebell, tufted bluebell *Wahlenbergia communis*

- Small clumping plant to 40 cm high.
- Hardy plant, drought tolerant once established.
- Grows in full sun to semi-shade.
- Cut back by half in early winter.
- Edible flowers can be snacked on in the garden, added to salads and fruit salads or used to decorate cakes or desserts.
- Indigenous to Victoria.



Berries

Appleberry *Billardiera scandens*

- Light climber to 1.5 m high or sprawling shrub to 1.5 m wide.
- Hardy plant, drought tolerant once established.
- Grows in full sun to part shade.
- Fruit ripens in February and tastes like spiced apple.
- Indigenous to Victoria



Ruby saltbush *Enchylaena tomentosa*

- Sprawling shrub to 60 cm high and wide.
- Hardy and drought tolerant once established.
- Prune after fruiting to keep plant bushy.
- Berries can be red or orange when ripe.
- Use the salty-sweet fruit in salads or fruit salads or as a garden snack.
- Indigenous to Victoria.



Top 6 Bushfood Plants for School Gardens in Victoria

Useful Nurseries

Victoria

Ceres Bushfood Nursery (ceres.org.au)

Kuranga Native Nursery (kuranga.com.au)

St Kilda Indigenous Nursery Cooperative (skinc.com.au)

Victorian Indigenous Nurseries Cooperative (vinc.net.au)

NSW

Daleys Fruit Tree Nursery (daleysfruit.com.au)

Burringbar Rainforest Nursery (burringbarrainforestnursery.net)

Murumittigar Native Nursery (murumittigar.com.au/provenance-nursery)

Sydney Wildflower Nursery (sydneywildflowernursery.com.au)

Queensland

Witjuti Grub Bushfood Nursery (witjutigrub.com.au)

Yuruga Nursery (yuruga.com.au)

Tasmania

Plants of Tasmania (potn.com.au)

Wildseed Tasmania (wildseedtasmania.com.au)

South Australia

Australian Arid Lands Botanic Garden Port Augusta (aalbg.sa.gov.au)

State Flora Nursery (stateflora.sa.gov.au)

Provenance (provenance.net.au)

WA & NT

Zanthorrea Nursery (zanthorrea.com)